

Course Title:

- Basic First Aid (½ Day)

Course Objective:

- The Basic First Aid - Save a Life Training Course 'does what it says on the box'. The course provides a hands on approach to dealing with the most life threatening of scenarios. Suitable for both workplace and domestic environments

Course Outcomes: Including the following topics:

- Introduction to First Aid
- Airway Management
- Breathing & Circulation
- Unconsciousness
- Wounds & Bleeding

Target Audience:

- Anyone wishing to acquire a basic knowledge of first aid; suitable for both workplace and domestic environments

Pre-requisites:

- None

Course Accreditation:

- No formal assessment is performed on this course, although the trainer will continually observe and monitor all candidates throughout the course. A Basic First Aid attendance certificate will be issued to all successful candidates, which is valid for 3 years

Course Summary:

- Suitable for both workplace and domestic environments