



### **1. How many first aiders do we need in the workplace?**

There is no single straightforward answer to how many first aiders or appointed persons that are required in your workplace. All work environments are completely different and therefore have completely different risks. Consideration has to be made for the amount of employees on each site, the nature of work, the layout of the workplace, are there any shift workers employed, how many members of the public have access to your work premises. This latter list is by no means exhaustive. It is the employers' responsibility to perform a risk assessment on the workplace and ensure there are adequate trained personnel in the workplace to deal with any incidents that may arise. The HSE do have guidelines in place to assist with this risk assessment process and are freely available on their website. Feel free to click on this following link, which will take you to their site. <http://www.hse.gov.uk/pubns/>

### **2. How long does a first aid certificate last?**

All HSE first aid at work course certificates are valid, under current HSE guidelines, for 3 years. However, as 1st October 2009 the HSE strongly recommends that first aiders undertake annual refresher training within any three year certification period of First Aid at Work or Emergency First Aid at Work courses. First Rate Training will honour this validity on all other first aid courses unless specified otherwise.

### **3. Are all first aid training providers registered with the Health & Safety Executive?**

Any first aid training provider that offers the HSE First Aid At Work Courses, should be approved by the HSE to train those courses. You should not hesitate to contact the HSE to confirm the training providers bona fide status with them. First Rate Training's Approval Number is 63/03 and as such, encourages our clients to check their validity with the HSE.