

Anaphylaxis (Epipen) Training

Below is a subject list of what is covered on our ½-day Anaphylaxis (Epipen) Course. Participants must hold a valid first aid at work certificate as a pre requisite to attend this course

Course Duration: 4 hrs **Certification:** Anaphylaxis (Epipen) Certificate

Recognition of a Severe Allergic Reaction

- Signs & Symptoms
- Sudden onset and rapid progression of symptoms
- Threatening Airway and/or Breathing and/or Circulation
- Skin and/or mucosal changes (flushing; urticaria; angioedema)

Auto Injectors

- Familiarisation of the Anapen & Epipen auto injectors
- Practical session using training pens

Administration of the Auto Injector

- Step by step administration process of the Anapen
- Step by step administration of the Epipen
- Video presentation
- Q&A session

Management of an Anaphylaxis Incident

- DRSABC
- Dialling 999 – what information does the paramedic need?
- How to deal with an incident within an educational environment
- Consent to inject forms

CPR Update

- Resuscitation
DRSABC
- Approaching an incident
- Chest compressions
- CPR action plan
- CPR DVD

Unconscious Casualty Management (recap)

- What causes unconsciousness?
- AVPU code
- Secondary Survey
- Recovery Position