

Cardio Pulmonary Resuscitation (CPR)

This course deals with serious conditions & incidents and is ideal for candidates wishing to learn life saving skills and techniques. This course is designed to teach candidates to know what to do when initially faced with an emergency.

Course Duration: Half Day

Certification: CPR Certificate

Dealing with an incident

- How to approach any accident
- Considerations for safety

Airway Management

- Priorities of first aid
- Opening an airway
- Check for breathing
- Recognising a casualty who is not breathing normally

Medical Conditions

- Recognition of medical conditions
- Treatment of medical conditions

Unconsciousness

- Recognising causes of unconsciousness
- Treatment for unconsciousness
- Understanding levels of consciousness
- Care of unconscious casualties

Breathing & Circulation

- Providing Rescue Breaths
- Full C.P.R.
- Demonstrate how to perform CPR on a non breathing casualty
- Introduction to the Resuscitation Council UK

Treatment of the following:

- Choking
- Chest pains
- Severe bleeding
- Understanding Heart Attacks

Course Review

- Priorities of care
- Practical exercises