



# DISPLAY SCREEN EQUIPMENT ASSESSOR COURSE

This course is approximately 1 day dependant on group sizes and is aimed at users of display screen equipment (DSE) and those responsible for assessing display screen equipment.

**Course Duration:** 1 Day **Certification:** DSE Assessor Certificate

## Course Outcomes

- Understand how to rectify concerns associated with the use of work stations and associated equipment
- Develop referral processes for Occupational Health issues
- Achieve the legal and company compliance required to demonstrate best practice
- Understand DSE regulations
- Anatomy of the spine and discs
- Gain knowledge of trainer demonstration of assessment and workstation set up, including knowledge of good posture and the correct positioning of a work station
- Dealing with organisational issues
- How to improve working environment

## Target Audience

- Senior managers
- Supervisors
- Individuals who are expected to contribute to DSE assessments

## Pre-requisites

- None

## Course Accreditation

- First Rate Training (in-house)

## Certification

- Valid for 3 years