

## Display Screen Equipment (DSE) Assessor Course

This course is approximately 1 day dependant on group sizes and is aimed at users of display screen equipment (DSE) and those responsible for assessing display screen equipment.

**Course Duration:** 1 day

**Certification:** DSE Assessor Certificate

### Course Outcomes:

- Understand how to rectify concerns associated with use of work stations and associated equipment.
- Develop referral processes for Occupational Health issues.
- Achieve the legal and company compliance required to demonstrate best practice.
- Understand DSE regulations
- Anatomy of the spine and discs
- Gain knowledge of trainer demonstration of assessment and workstation set up, including knowledge of good posture and the correct positioning of a work station
- Dealing with organisational issues
- How to improve working environment

### Target Audience:

- Senior Managers
- Supervisors
- Individuals who are expected to contribute to DSE Assessments

### Pre-requisites:

- None

### Course Accreditation:

- First Rate Training (In-house)

### Certification

- Valid for 3 years